



Contact: Isabella Firth, President

The Beacon Institute
410-381-1176 X226
ifirth@LifeSpan-Network.org
www.LifeSpan-Network.org

Contact: Charlotte Eliopoulos, Program Director

Wellspring Program
410-381-1176 X229
charlotte@healthed.net
www.WellspringProgram.org



Press Release

Title: **Data Shows that Nursing Home Care is Improved by [The Wellspring Program](#)**

Columbia, MD June 15, 2010– Ten Maryland /DC Nursing Homes participating in The Wellspring Program through the Mid-Atlantic Wellspring Alliance have demonstrated improvements in key quality of care metrics. According to data collected and reported through [My InnerView](#), a national data agency, the nursing homes reduced the number of resident falls, virtually eliminated restraints, and reduced both nurse and nursing assistant turnover.

“We are extremely gratified that nursing home residents enjoy a better quality of life and staff is more engaged when Wellspring’s culture change principles are implemented,” said Wellspring Executive Director, Charlotte Eliopoulos.

The nursing homes include Glade Valley Nursing and Rehabilitation Center, Augsburg Lutheran Home & Village, Oak Crest Village, The Methodist Home of DC, Friends House Retirement Community, Sligo Creek Nursing and Rehabilitation Center, Springbrook Nursing and Rehabilitation Center, Fairland Nursing and Rehabilitation Center, Shady Grove Nursing and Rehabilitation Center, and Milford Manor Nursing and Rehabilitation Center.

The Wellspring Program is a nationally recognized quality-improvement culture change training program offered through [The Beacon Institute](#) in Columbia, Maryland. Developed in the 1990s in Wisconsin and brought by Beacon to the Mid-Atlantic region ten years ago, the program has grown to include a Wellspring Alliance in North & South Carolina, as well as a program called PULL, to address quality of care disparities in inner-city nursing homes that is currently underway in Baltimore.

The Wellspring Program was one of the nation’s first efforts to affect culture change and has assisted nursing homes throughout the country in advancing excellence in their settings. Culture change represents a new way of thinking about quality of care and quality of life for nursing home residents. The Wellspring Program helps nursing homes establish strong foundations for culture change by establishing a culture of caring; improving clinical competencies; empowering frontline staff for greater involvement in resident care; creating a home-like environment for residents; and equipping leaders to initiate, guide, and sustain changes.